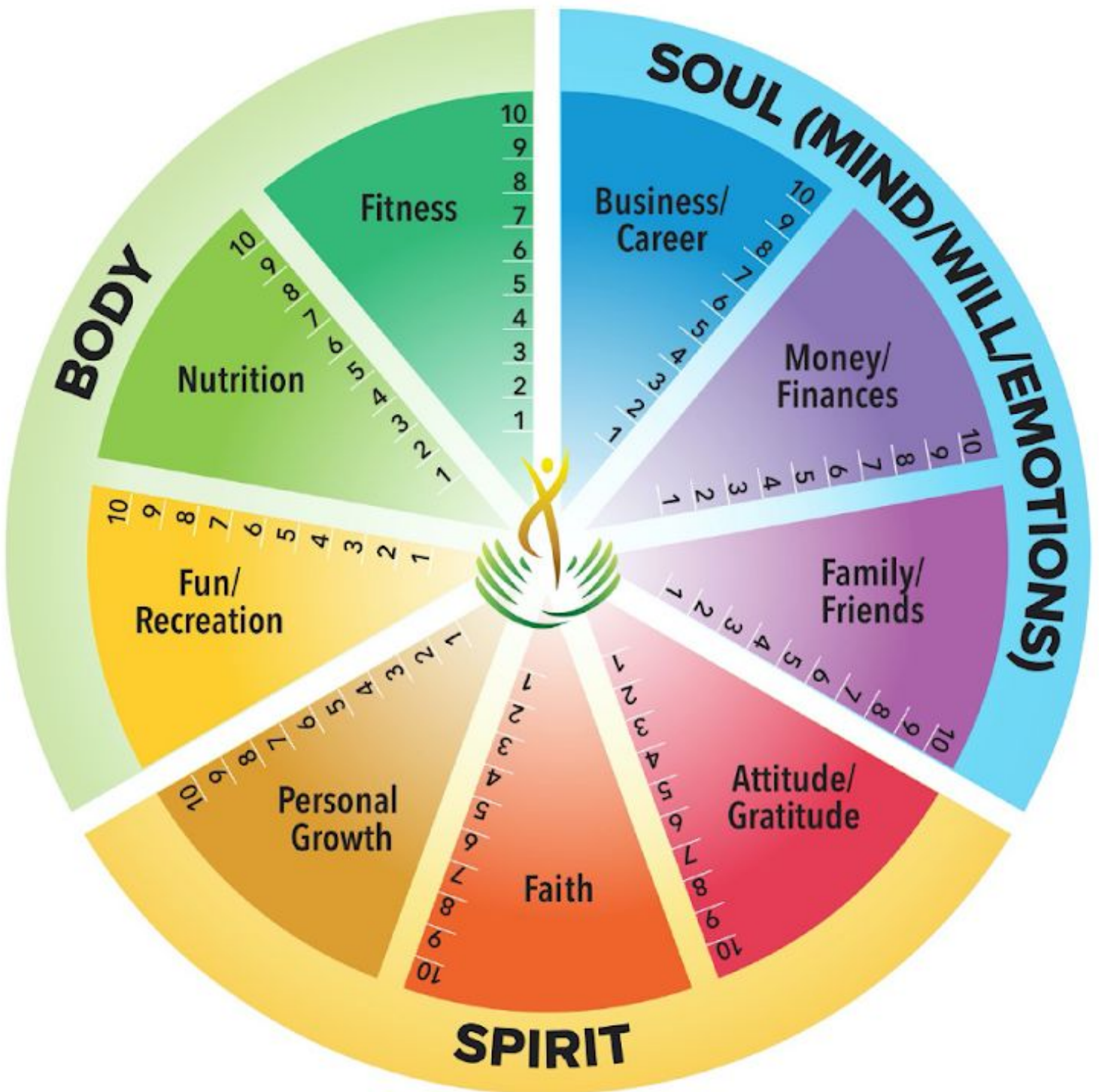


YOUR WHEEL OF ABUNDANT LIFE

Name: _____ Date: _____



Reflection Questions

1. How do you feel about your life as you look at your wheel?

2. Are there any surprises for you?

3. Do you feel your life is balanced?

4. Which areas are higher than you thought?

5. Which areas are lower than you thought?

6. Does this depict your life values?

7. Which areas of your life are most important to you?

8. In which of these categories would you like to see the most growth?

9. How can you make intentional efforts and space for changes in your life?

10. What is one small step you can make to get started?

11. What changes can you make in the next three months in two specific areas?

12. With whom can you share your results and goals?